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FOR IMMEDIATE RELEASE

“THAT WAS THE BEST RIDE OF MY LIFE!” Squamish's Mountain Bike Extravaganza Returns: **June 2, 2007**

Squamish BC is no stranger to legends. Could be the water, could be the mountains, could be the crazy people who call this place home. Whatever the reason, Squamish is headquarters to some great events and this is certainly one of them.

“One of the coolest rides in the mountain bike world” – Cam McRae NSMB.com

It was six years ago race organizer Bryan Raiser created BVOD to encourage those who enjoy epic freerides to join SORCA and raise money for Search and Rescue. The first and only event of its kind, BVOD began with 'Double Dog Dares' and grand prizes at massage parlors. Today the event has truly become the perfect mountain bike day. For those unaware, this event is simply a deluxe group ride on technical mountain bike trails that you'd never find on your own.

“Squamish’s ultimate group ride event” BIKE Magazine

What makes this ride stand out, besides the great people and breathtaking terrain? For starters there's the fruit booth. Everyone's always excited to come to the fruit booth which is like an oasis half way through the ride. Here riders recharge their batteries by feasting on delicious melons and refreshments. The only change in the ride from the original format is that the more technical sections will no longer be judged 'Double Dog Dares'.

Raiser explains, “This year it's nothing but a pleasure cruise where the official line is the easy line and everyone is encouraged to know and ride within their limits. Of course, the challenging lines are still there, and no one can physically stop you from riding them, they're just not part of the official route.”

Like all epic rides should, it ends with an after party at the Brew Pub (minor's welcome). This will include food and drink specials, and literally mountains of great prizes. The prizes are actually incredible with our fantastic sponsors such as Dakine, Tantalus, Corsa, and the Brew Pub, coming together every year to make this event shine.

New to Squamish? Don't know where the sweet lines are hidden? Come and get them in this truly deluxe group tour of the trails in Valleycliffe.

The course is weather dependent but either way we hike-a-bike and peddle up five peaks of 'the goods' in Squamish's Valleycliffe neighborhood. Riders should have armor and be comfortable on technical trails.

The Nitty Gritty:

Saturday June 2 11:00 @ top of Westway Ave. Squamish.

Register at Corsa Cycles, Tantalus Bike Shop or at trail head.

More info: <http://www.cynicalsunshine.com>

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